

Partnership for a Healthier Alexandria
Healthy Lifestyles Work Group
Meeting Minutes – Wednesday, April 25, 2007
Lee Center, Gold Room 2
11:30 am – 1:00 pm

Work group members present:

- Lisa Baker – Director, Alexandria Office on Women; Co-Chair, Healthy Lifestyle Work Group
- Rika Maeshiro – Vice-Chair, Alexandria Public Health Advisory Commission; Co-Chair, Healthy Lifestyle Work Group
- Leslie Clark – Division Chief, Recreation Services; Representative, Department of Recreation, Parks and Cultural Activities
- Peggy Cressy – Director, Community Health Division, Inova Health System
- Angela Crawford – Epidemiologist, Alexandria Health Department
- Arlene Hewitt – Member, Alexandria Public Health Advisory Commission
- Raynard Owens – Communications Officer, Alexandria City Manager's Office
- Charles Konigsberg – Health Director, Alexandria Health Department
- Andres Gaviria – Hispanic/Latino Partnership Manager, American Cancer Society, National Capital Region
- Robin Wallin – School Nurse Coordinator, ACPS
- Kristin Langlykke – Executive Director, ANHSI
- Heather Jones – Extension Agent, VA Cooperative Extension
- Patricia Matthews – Interim Executive Director, Northern Virginia Health Foundation
- Cara Pennel – Health Planner, Alexandria Health Department

I. Introductions

II. Alexandria Childhood Obesity Survey Data – Peggy Cressy, Inova Health System

- Handout: Obesity Study Results

Peggy Cressy presented the attached PowerPoint slides for the childhood obesity data results from the survey conducted in Northern VA, including Alexandria.

III. Brief Update on Healthy Lifestyles Work Group Activities

There was no time for updates on Work Group activities. Work Group members decided to meet on May 9, a previously scheduled meeting date, to discuss updates and next steps. The May 9 meeting will be Cara's last meeting with the Work Group.

IV. Next Meeting – May 9, 12:30-2:00 p.m.